

# **Challenges and Opportunities with Decentralized Trials: Statistical Perspectives**

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**28TH ANNUAL BIOPHARMACEUTICAL APPLIED STATISTICS  
SYMPOSIUM**

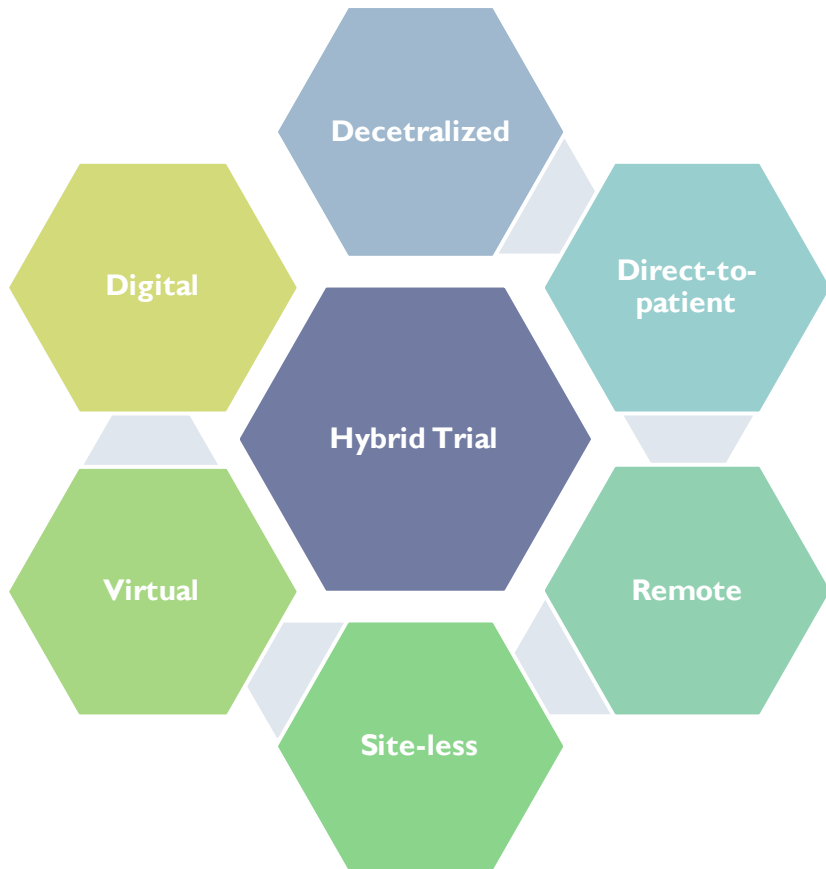
**October 2021**

Acknowledgment: K. Natarajan and S. Roychoudhury

# Outline

- Background
- Lessons from the REMOTE Trial
- Elements of DCTs with Statistical Import
- Modern Analytics to Advance DCTs
- Other Considerations in DCTs
- Concluding Remarks

# Decentralized trials: Terminology

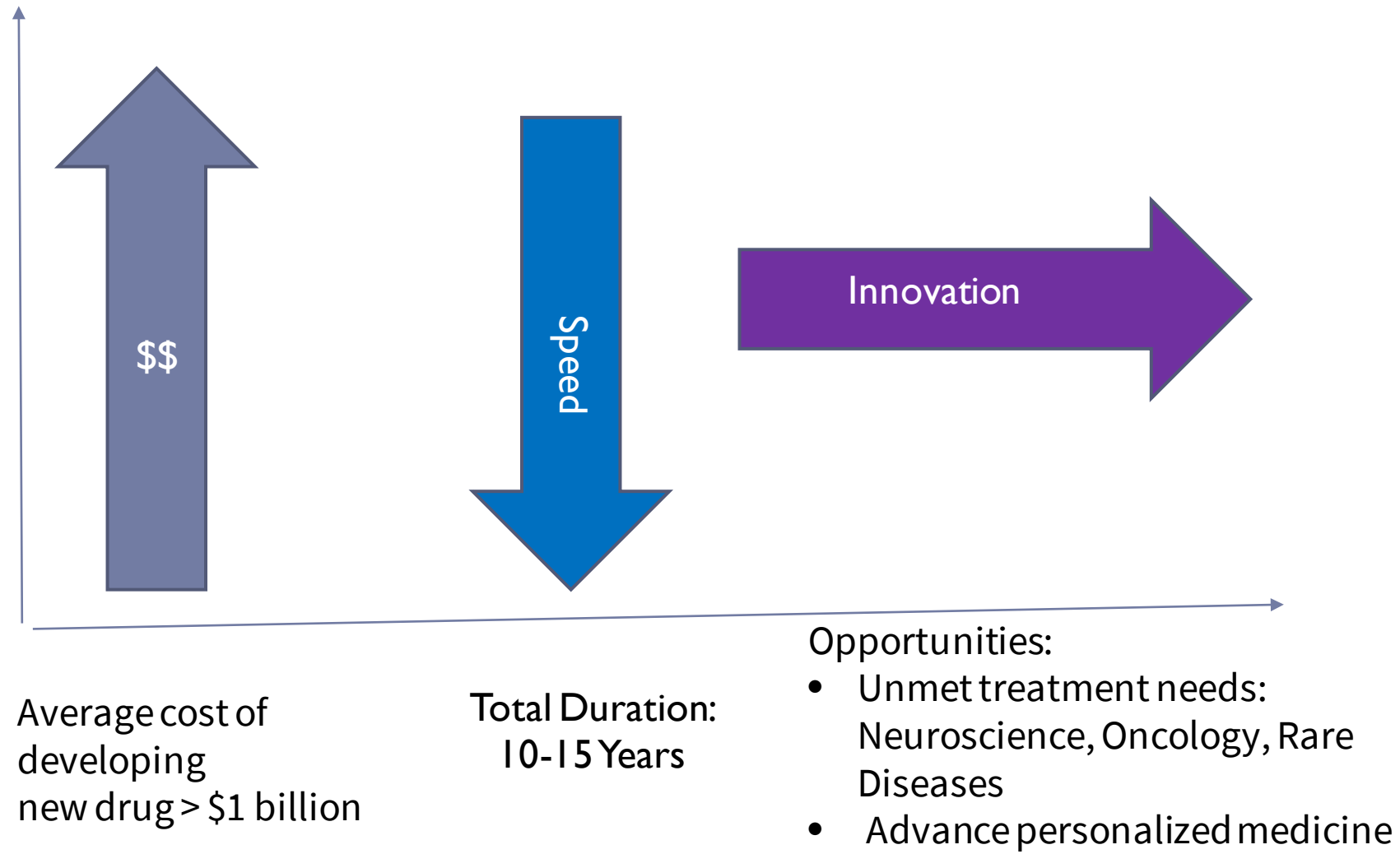


- **Variety of terms in use**
- **Hybrid approach preferable in certain situations**

# Traditional vs. Decentralized Clinical Trials

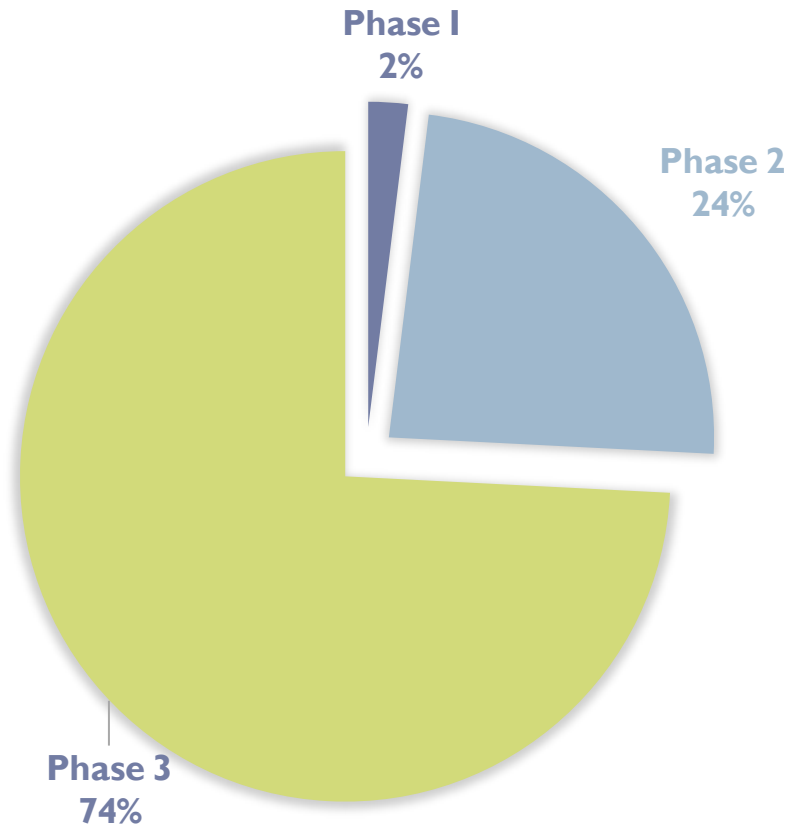
|   | Traditional   | Virtual   |
|---|---|---|
| Recruitment, Enrollment                   | <ul style="list-style-type: none"><li>• Site visits by patients</li></ul>   | Internet & Social Media <ul style="list-style-type: none"><li>• People's online searches and activities</li></ul>   |
| Compliance & Retention                    | <ul style="list-style-type: none"><li>• Site visits by study monitors</li></ul>   | <ul style="list-style-type: none"><li>• Remote data verification &amp; patient monitoring</li></ul>                 |
| Safety/efficacy data capture & processing | <ul style="list-style-type: none"><li>• Measurements by trained personnel</li><li>• SDV</li></ul>                                 | <ul style="list-style-type: none"><li>• ePRO</li><li>• Mobile devices</li></ul>                                     |
| Design and data analysis                  | <ul style="list-style-type: none"><li>• Operational challenges for CID</li><li>• Data sparsity limits ML implementation</li></ul> | <ul style="list-style-type: none"><li>• CID implementation</li><li>• Massive data for training ML methods</li></ul> |

# Why Decentralized Trials in Drug Development?



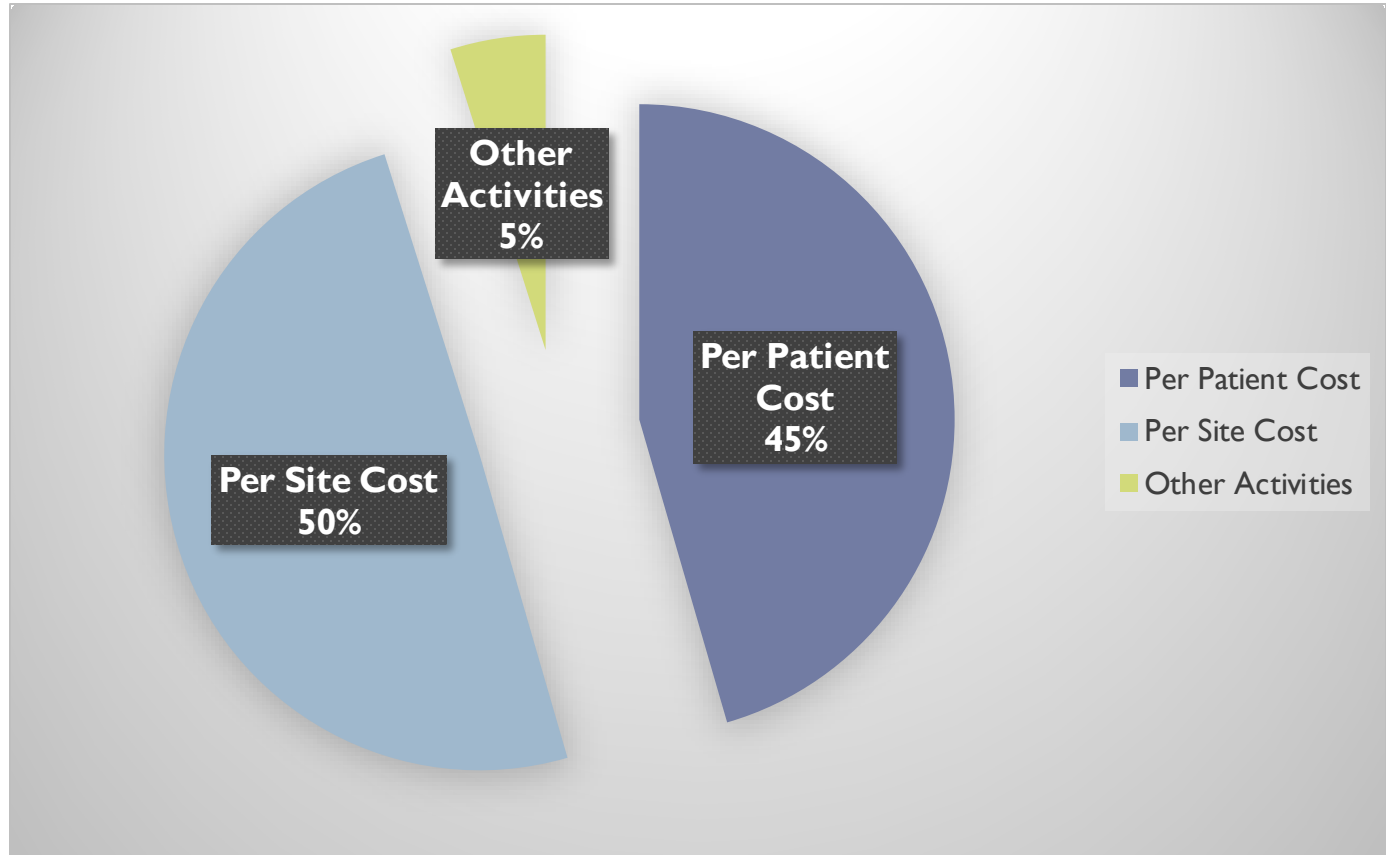
# Cost of Pharmaceutical Clinical Trials

Pain and anesthesia studies



**Source:** Sertkaya A, Wong HH, Jessup A, Beleche T. Key cost drivers of pharmaceutical clinical trials in the United States. *Clin Trials*. 2016;13(2):117-126. doi:10.1177/1740774515625964

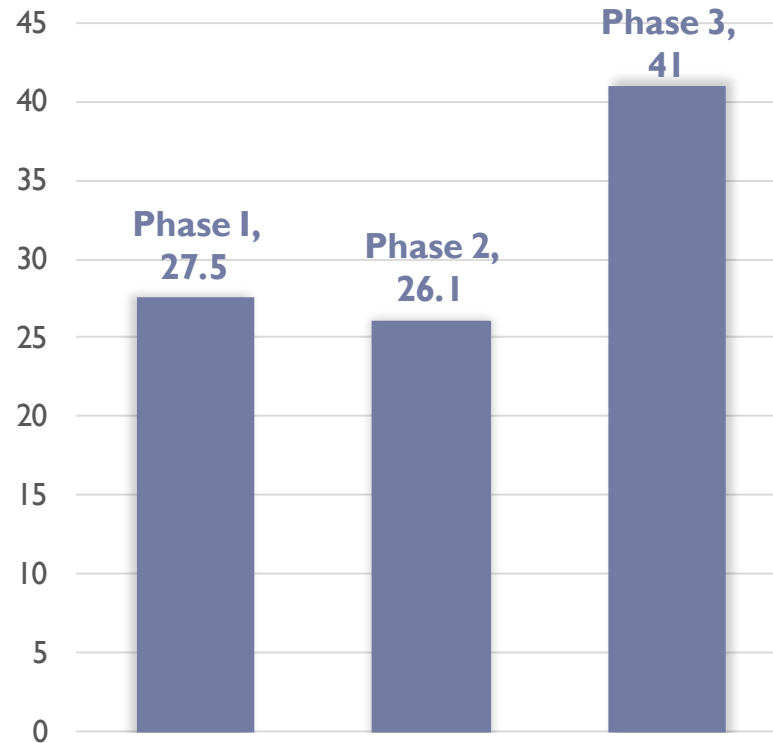
# Cost Drivers of Pharmaceutical Clinical Trials



Source: <https://pubmed.ncbi.nlm.nih.gov/26908540/>

# Average Duration (MM) of Oncology Clinical Trials

“... oncology clinical trial delays are a direct result of patient recruitment challenges.”



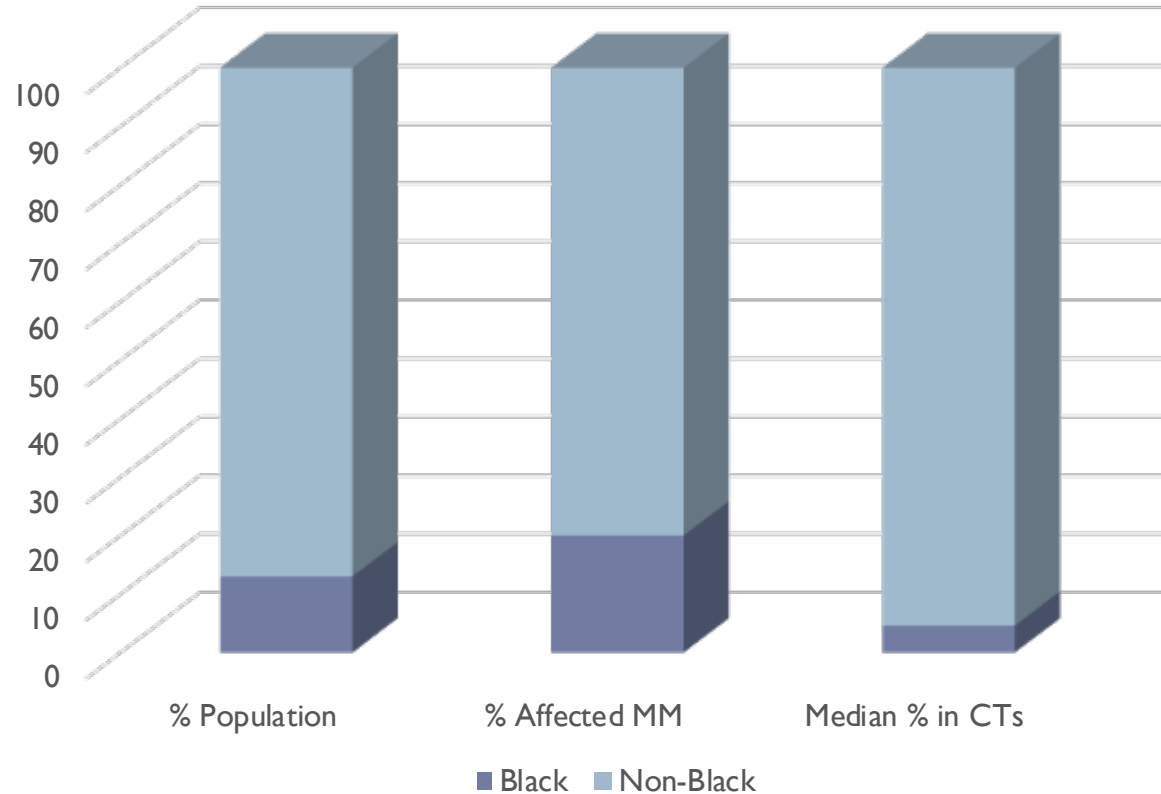
Source: <http://ipimediaworld.com/wp-content/uploads/2013/06/2-Patient-Recruitment-Driving-Lenght-and-Cost-of-Oncology-Clinical-Trials.pdf>



# Challenges with Patient Recruitment: Diversity

## FDA Analysis of Racial Demographics in Multiple Myeloma Trials

- Blacks constitute 20% MM, but 13% U.S. population
- Median% blacks enrolled in MM trials 4.5%.



**Conclusion:** Enrollment of black subjects in pivotal trials submitted to FDA not representative of MM population

Source: Bhatnagar, et al. FDA Analysis of Racial Demographics in Multiple Myeloma Trials, Blood, 2017



# Benefits of Decentralized Trials

Patient  
Centricity

- Patients participate in trials from their home

Population  
Diversity

- Access to a larger geographical footprint

Patient  
Recruitment

- Access to a larger population, requiring less frequent site visits

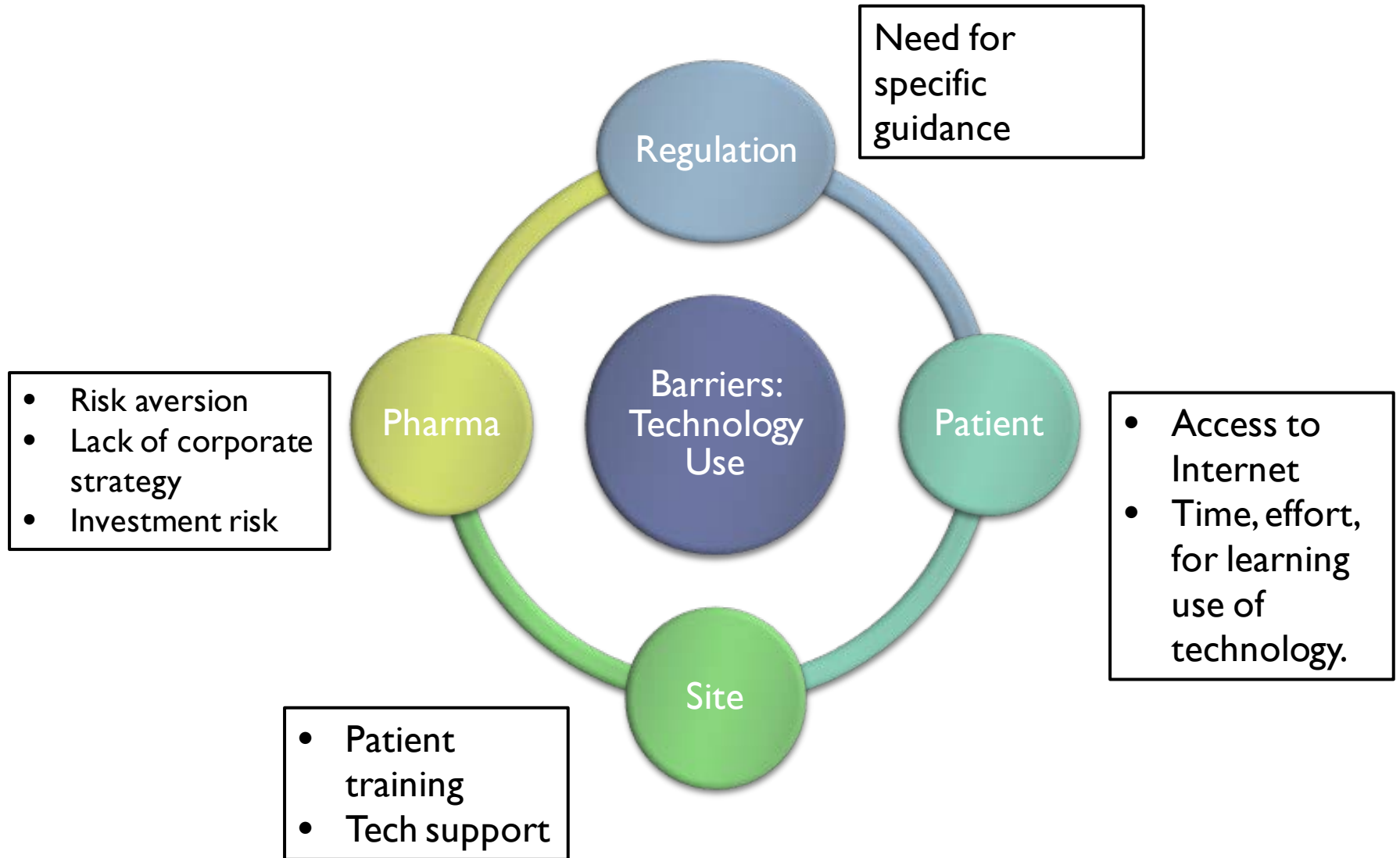
Retention

- DCTs decrease burden for both patients and caregivers, contributing to patient retention

Data  
Collection

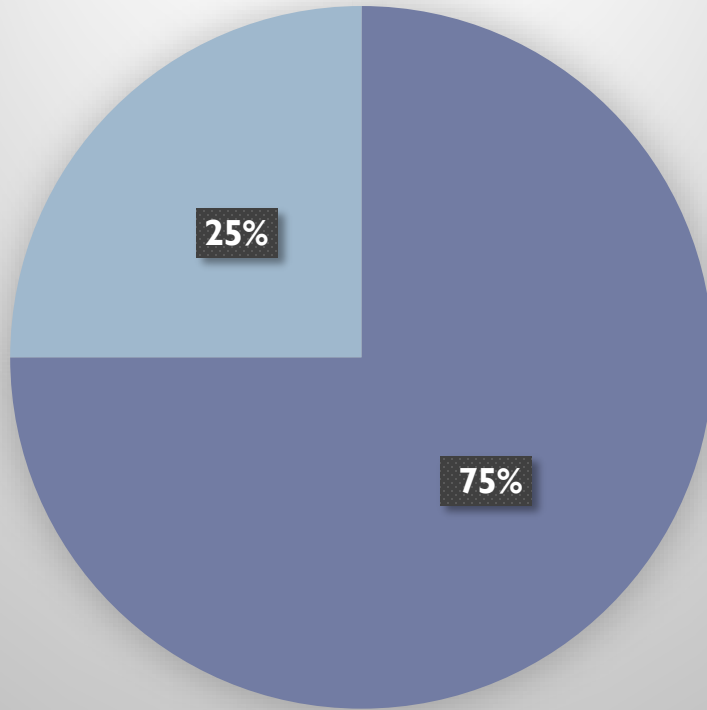
- Wearables, sensors, EDC

Digital  
Solutions



# Industry Trends

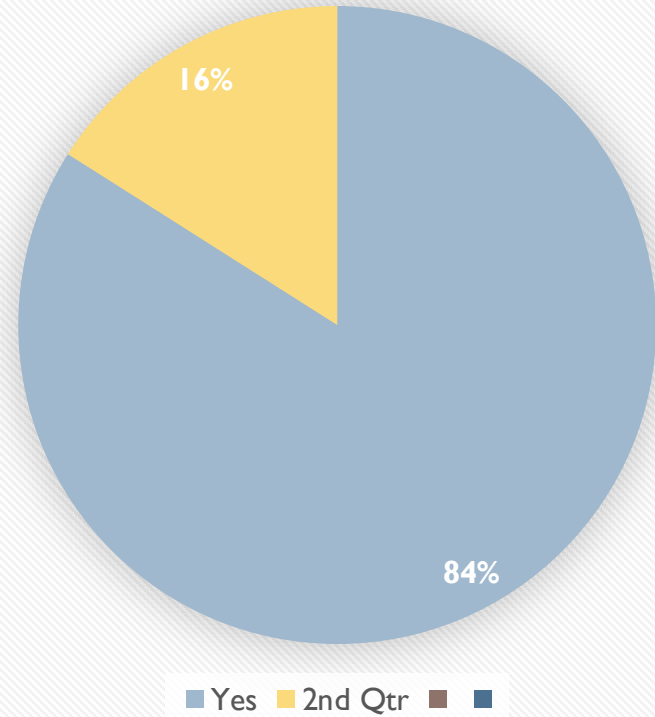
## DCT Use



> 75% pharma respondents favor adoption DCTs following pandemic

Source: Oracle. Survey: COVID-19 the Tipping Point for Decentralized Clinical Trials, November 18, 2020

## Technology Use



> 84 % pharma sponsors and CROs seek technology use to support DCTs.

[Rethinking Data Quality Best Practices in the Era of Decentralized Clinical Trials \(premier-research.com\)](#)

# An Early Example of DCTs: REMOTE

Research on Electronic Monitoring of Overactive Bladder Treatment Experience (REMOTE) trial (Orri et al. 2014).

- Initiated by Pfizer in 2011
- Designed to replicate previous clinic-based trials of tolterodine ER (Detrol)
- First web-based study conducted under an IND application

**Main Result:**  
Efficacy observed consistent with results from conventional trials

## Features

- Participants recruited and informed consent obtained electronically
- Labs in facilities near their homes
- Drugs shipped directly to participants
- Interactive voice response system (IVRS) used for randomization,
- EDC utilized for data collection and management

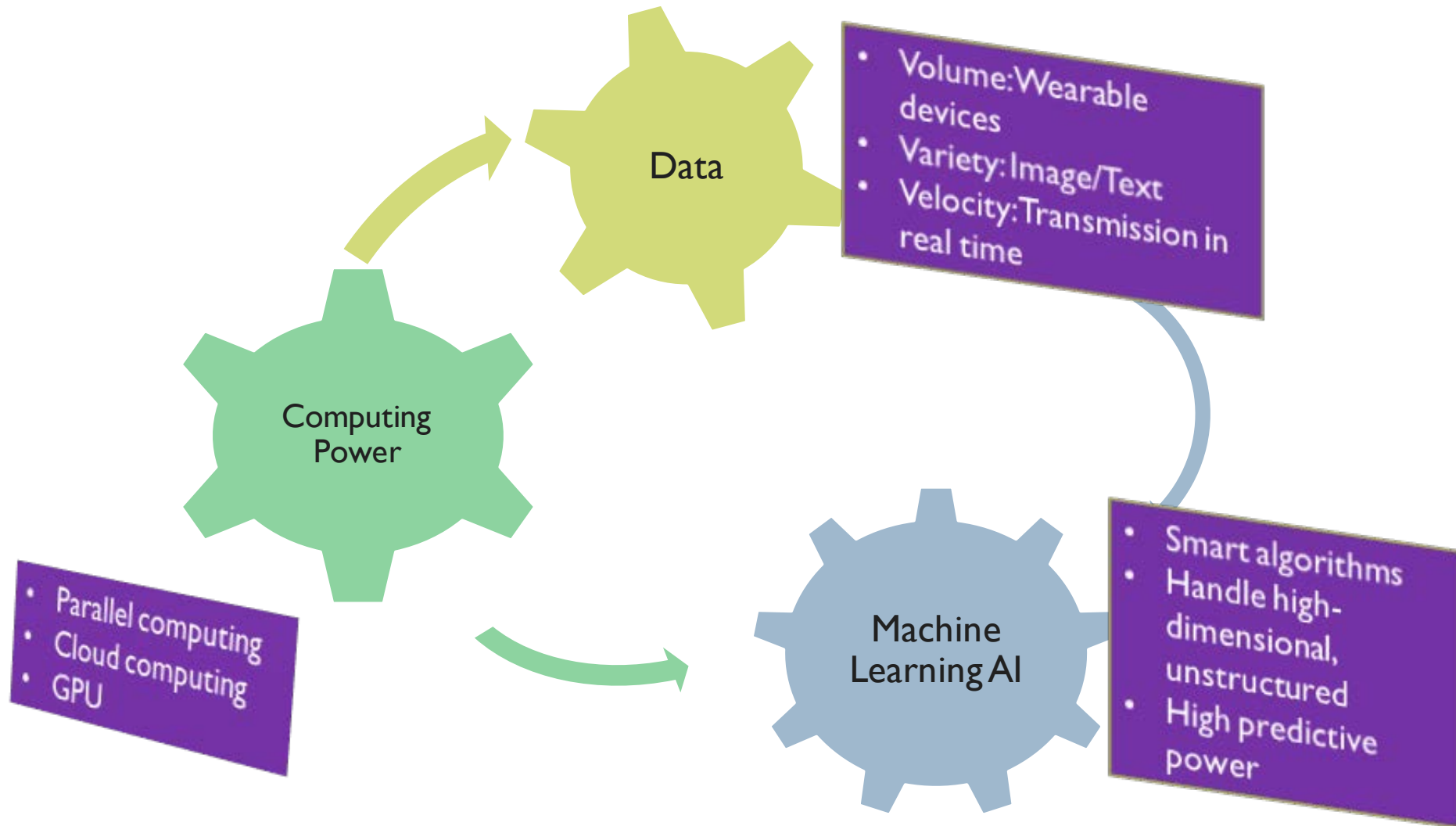
## Challenges

- Complicated screening process: Security measures to verify participant identification online
- Slow enrollment rates
- Drop-out rate much higher than conventional trials

## Lessons learned

- Need to simplify screening criteria.
- User-friendly and state-of-the-art technology

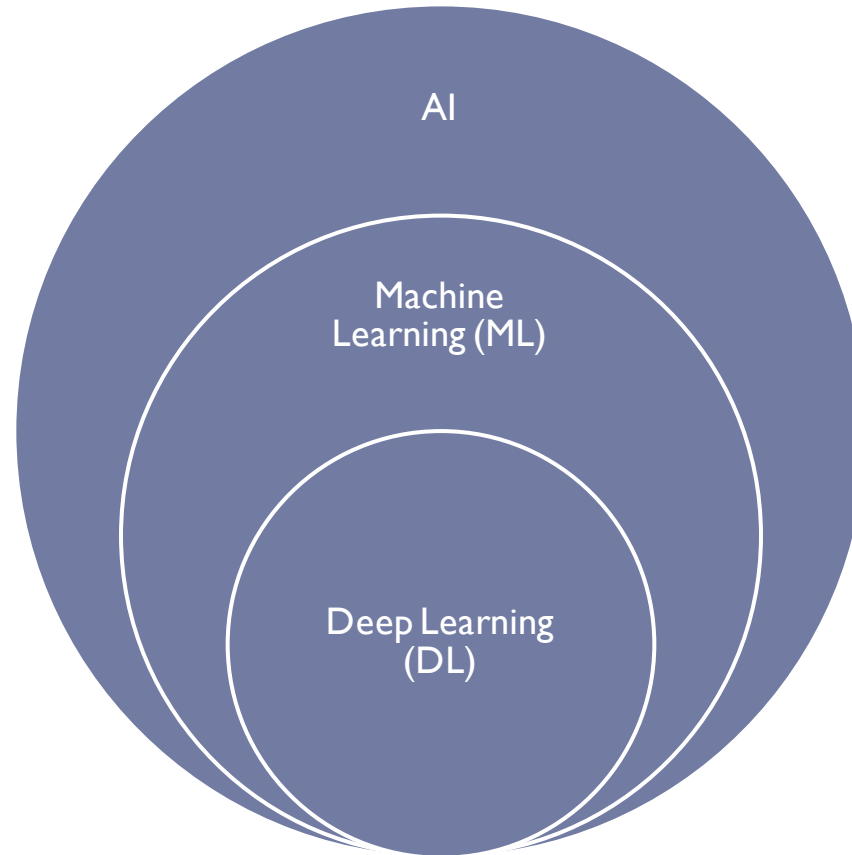
# Key Drivers of DCTs: Technology & Analytics



# Modern Analytics in Advancing DCTs

## **Traditional ML**

- ANN: Artificial Neural Network
- SVM: Support Vector Machines
- PCA
- k-NN
- Regularized regression,



## **Advanced Methods**

- FFNN
- RNN
- CNN
- Deep Auto Encoders

## **Adversarial Training**

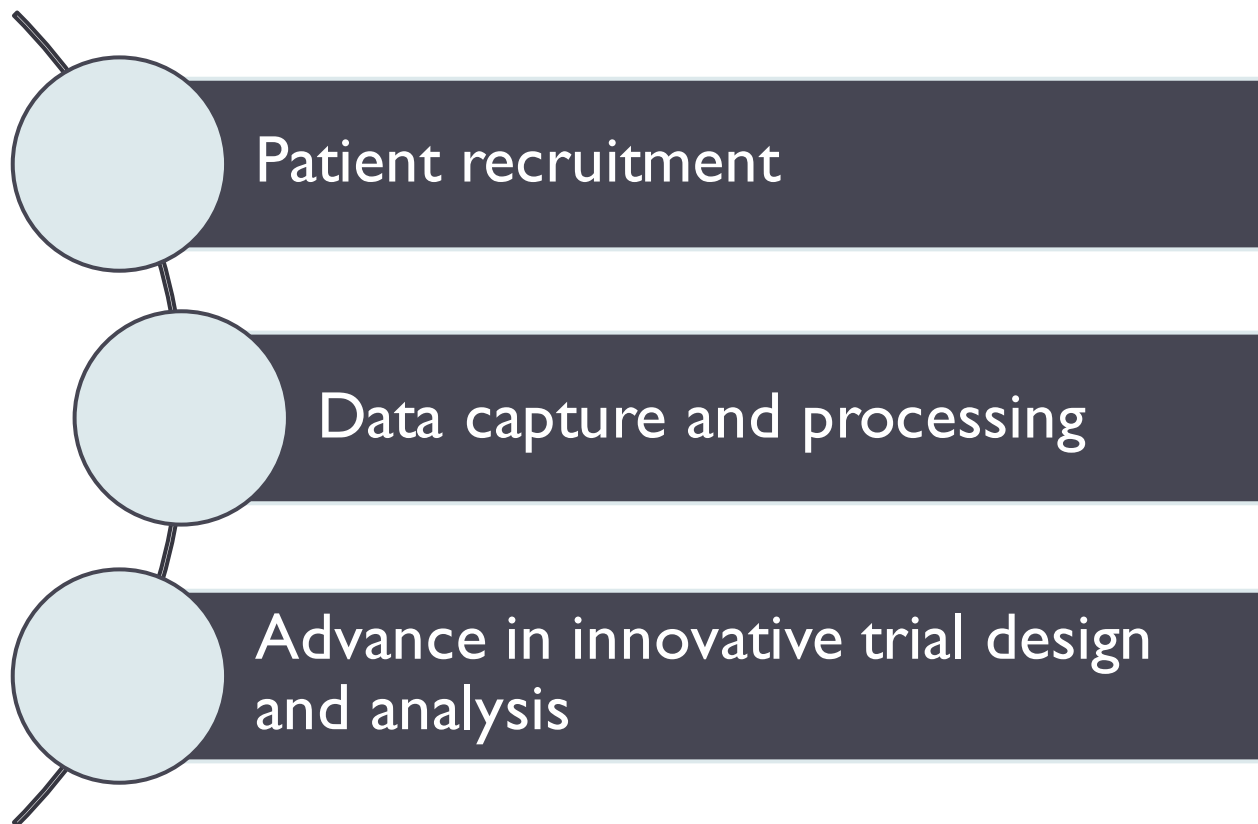
- GANs: Generative adversarial networks

## **Recent developments:**

- Inference involving ML models

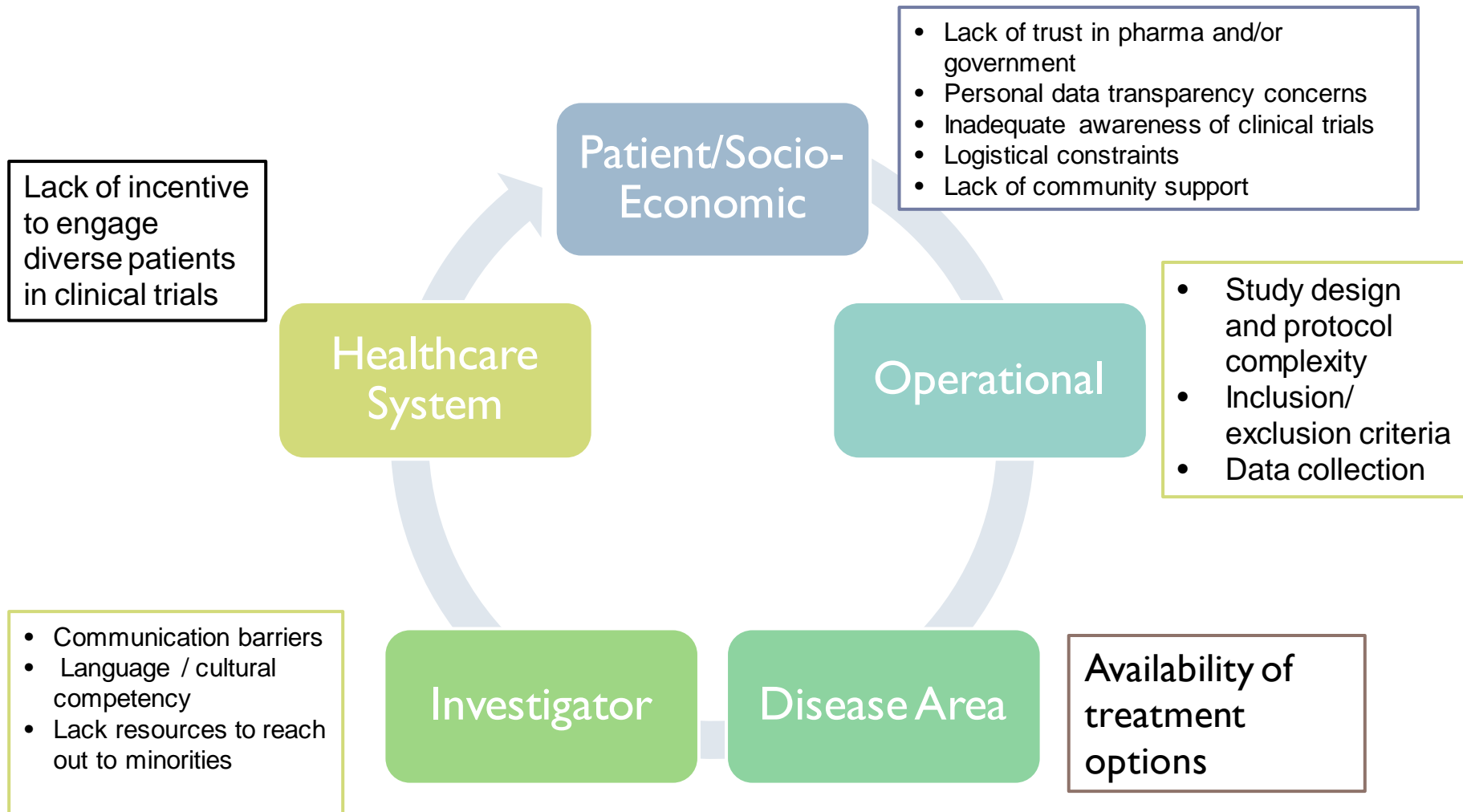
# Statistical/Digital Opportunities with DCTs

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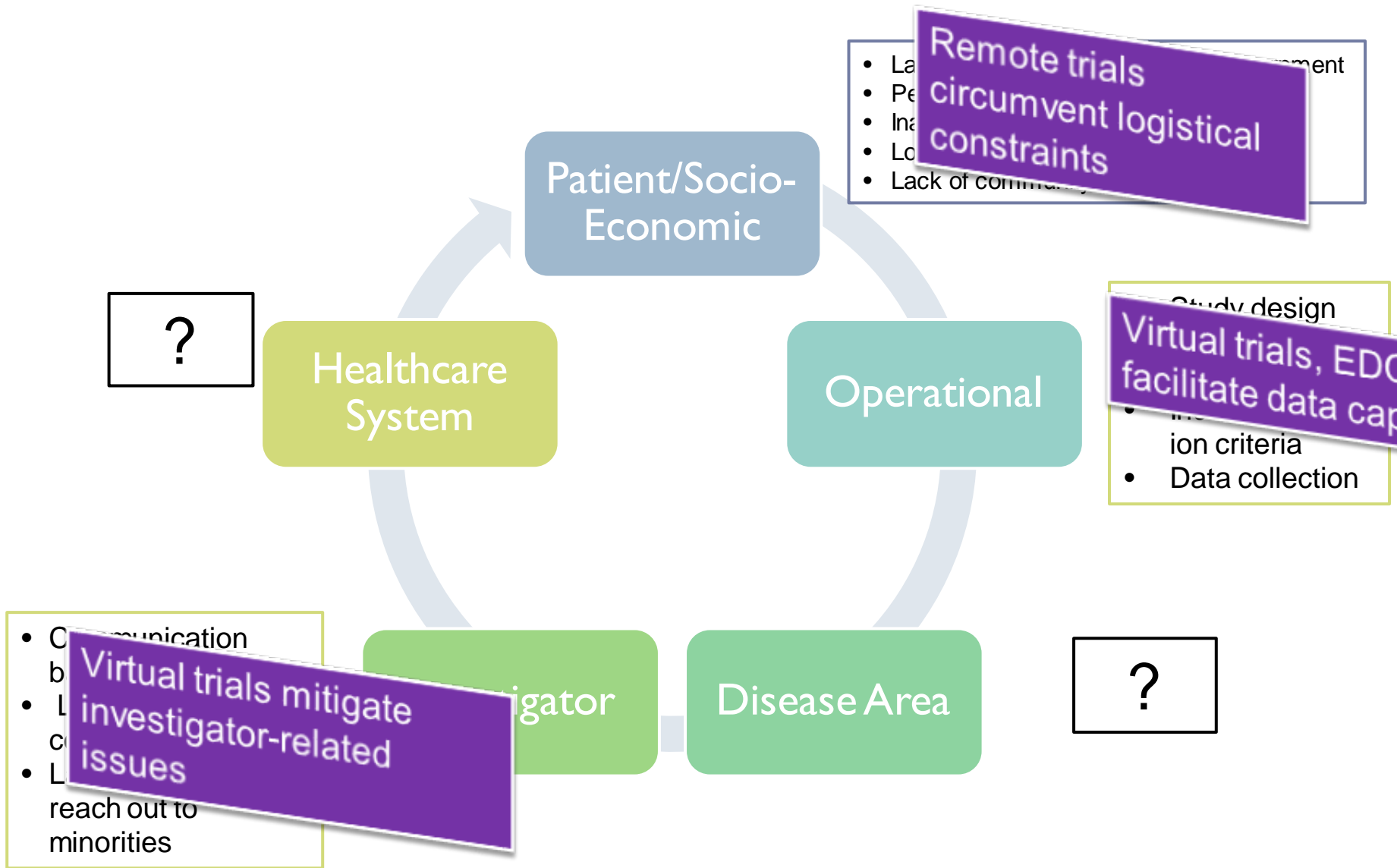




# Potential Barriers to Recruitment



# Digital Solutions to Recruitment Barriers



# Digital Solutions: Lessons from Other Industries

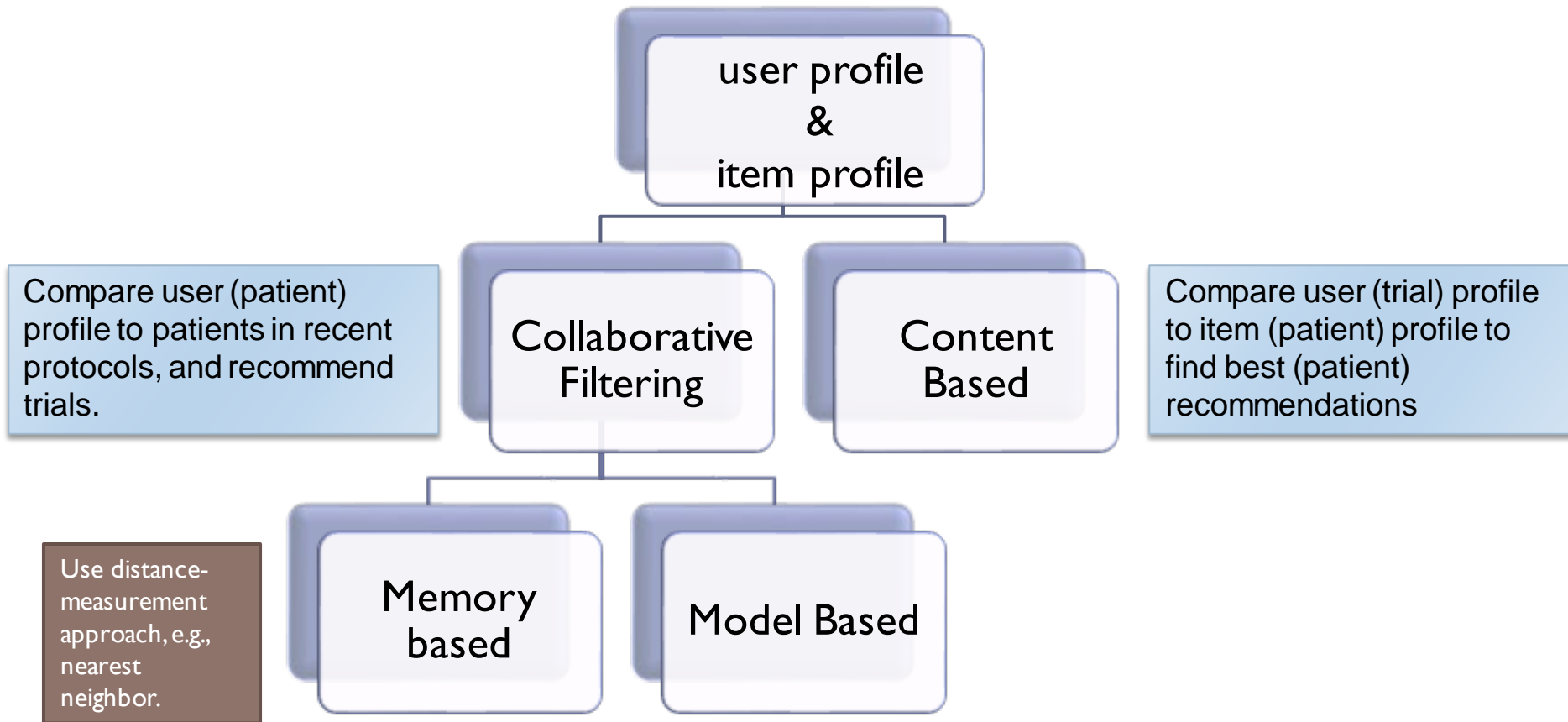
- **Business:** AI in marketing (Ma et al. 2020)
  - Customer segmentation and engagement
  - Application in Banking, retail, hospitality, etc.
- **Human resources:** AI to enhance DEI
  - Recommender systems to raise awareness of job opportunities: Implications for recruitment
  - Mitigation of unconscious bias in performance evaluation: Implication for investigator bias (Zhang et al. 2019).
- **Cautionary measures:** AI perpetuation of harmful biases (Daugherty et al. 2018)

# Recommender System for Patient Recruitment

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- Approach widely used in other industries
- Recommender system to match patients to clinical trials
- Approach requires:
  - Collecting patient data
  - Identifying patients more likely to sign up for trials
  - Reaching those patients using more targeted advertising
- Potential to improve enrollment
  - Identifies eligible patients, better than traditional approach
  - Saves time and effort
  - Helps planning, with better knowledge of target population
  - Enhances diversity in trials

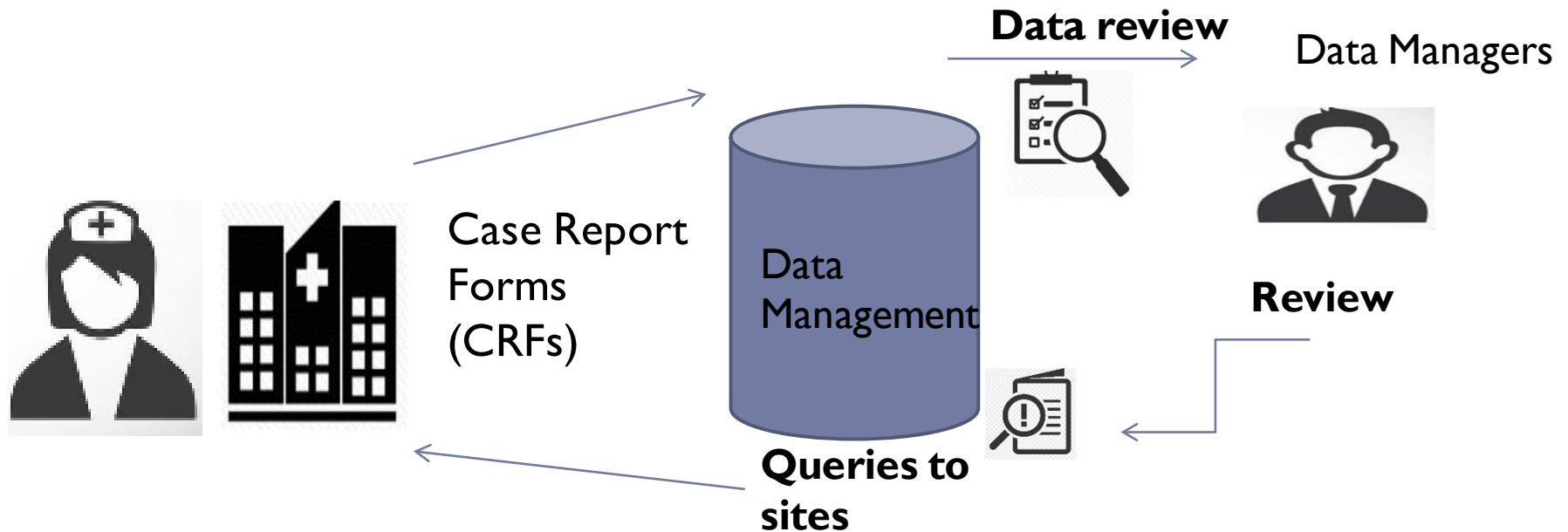
# Recommender System (cont.)



## Hybrid approach:

- Helps address '*cold start*' problem
  - When new user introduced but cannot be matched due to lack of information on that user.

# Data Capture and Processing: Traditional Approach



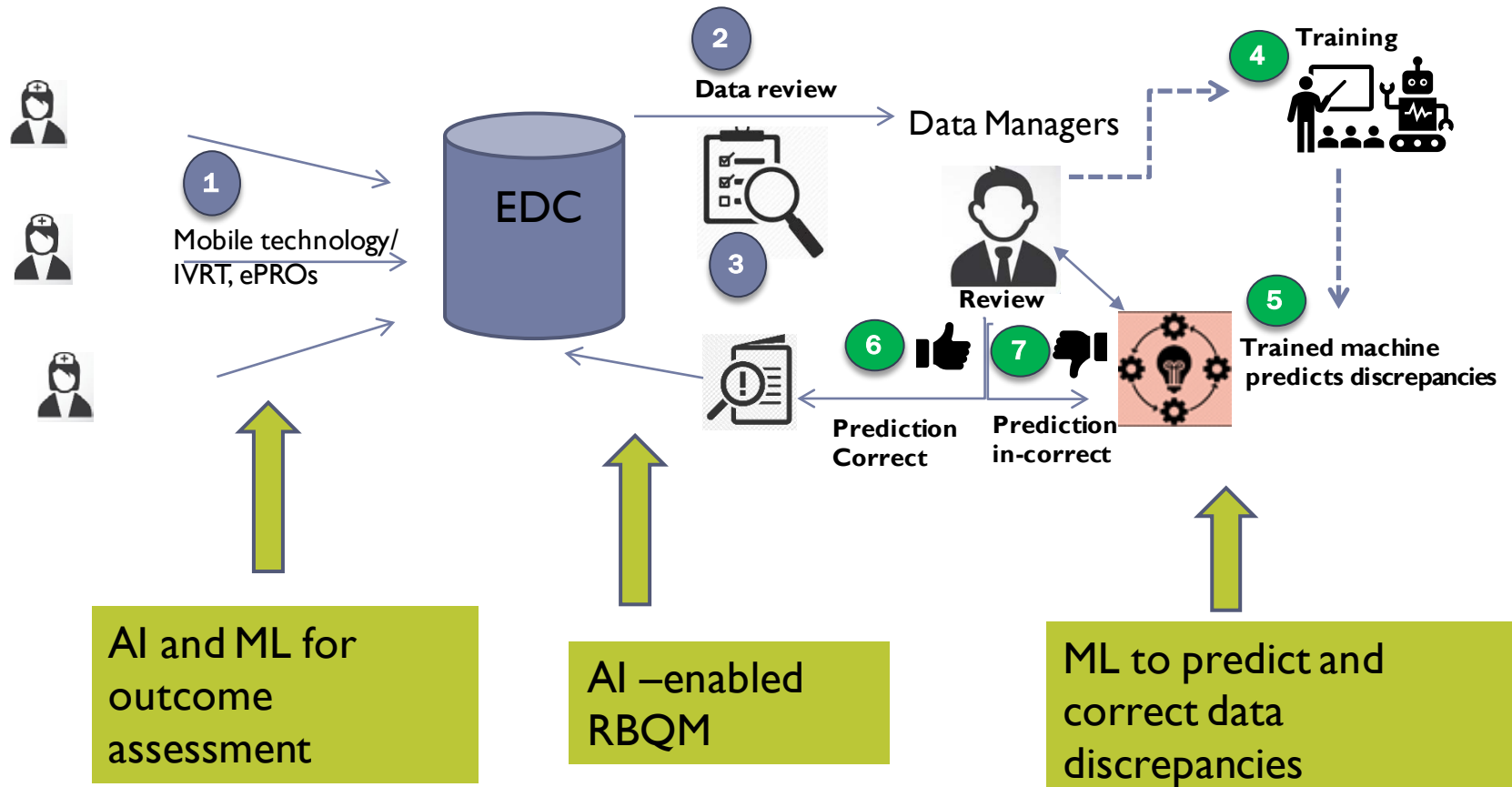
Site Investigators

On-site monitoring coupled with 100% source data verification (SDV)

Labor-intensive DM activities

# Digital Solutions: Data Capture and Processing

Study participants



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# Digital Solutions: Outcome Assessment

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Examples from the literature:

- CNN: Predict depression severity from speech patterns (He et al. 2018)
- SVM: Classify/predict Alzheimer's disease (Collij et al. 2017)
- CNN: Physiological signals anomaly detection (Wang et al 2016)
- Deep Belief Network: Human activity recognition (Yalcin 2016)
- Restricted Boltzmann Machine (RBM): ECG classification (Yan et al 2015)

FDA framework for Software as a Medical Device (SaMD)

<https://www.fda.gov/files/medical%20devices/published/US-FDA-Artificial-Intelligence-and-Machine-Learning-Discussion-Paper.pdf>





# Digital Solutions: Risk-Based Quality Management

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- RBQM:
  - Ensures early risk detection and prevention
  - Permits continual risk monitoring
  - Can help identify issues that might not otherwise have been detected
- Commonly used techniques:
  - Predictive analytics: ML models and data visualization tools
    - Identify key risk indicators
  - Anomaly detection: branch of ML to identify cases for scrutiny
    - Regularized logistic reg, SVM, kNNS, etc.

# Digital Solutions: Foster Innovative Designs

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- Adaptive designs:
  - ▶ Provide flexibility to adjust parameters of a trial midstream
    - Shifting patients and resources to promising treatment arms
    - Sample size re-estimation
    - Early stopping for futility or efficacy
- Major obstacles:
  - ▶ Statistical challenges
  - ▶ Operational challenges

# Digital Solutions: Foster Innovative Designs (cont.)

## Multi-armed Bandit Designs

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graph TD; A[Multi-armed Bandit Designs] --- B[Ranking and selection designs: Identify drug with best response (Gibbons, et al. 1979)]; A --- C[Adaptive designs: Play-the-winner]; A --- D[Decision analysis-based design]; D --- E[Action wrt expected utility];
```

Ranking and selection designs: Identify drug with best response (Gibbons, et al. 1979)

Adaptive designs: Play-the-winner

Decision analysis-based design

- Action wrt expected utility

# Risk Sensitive MABP (Lin, Pang and Alemayehu 2020)

A flexible approach:

- Based on a Bayesian ranking algorithm to maximize expected total rewards
- Permits:
  - Exploration: Correct ranking of treatments
  - Exploitation: Most patients to most effective drug

“Despite ... near-perfect fit between a real-world problem and a mathematical theory, MABP has yet to be applied to an actual clinical trial” (Villar et al. 2015).

- The operational convenience offered by VTs can foster implementation of innovative designs such as MABP

# Measurement Validity in Virtual Trials

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## *Establishment of validity and reliability*

- Assess ability to quantify clinical and pathological condition of interest
- Comparability to measurements obtained by established techniques
- Accuracy and precision (i.e., intra- and inter-device variability)

## *Approaches*

- Traditional psychometric techniques to assess validity and reliability (see, e.g., Cappelleri et al 2014)
  - Factor analysis, structural equation modeling (SEM), etc.
- Modern ML tools to establish sensitivity & specificity for high dim data

# Measurement Validity (cont.)

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**Reliability:** Extent to which an instrument provides consistent results

- **Intraclass correlation coefficient (ICC):** Proportion of total variability ( $\sigma_T^2$ ) in observed scores attributable to measurement error ( $\sigma_e^2$ ):

$$\rho = \frac{\sigma_T^2 - \sigma_e^2}{\sigma_T^2}$$

- **Wearable device data:** Spearman-Brown prophecy formula:

$$\rho_m = \frac{m\rho}{1 + (m - 1)\rho}$$

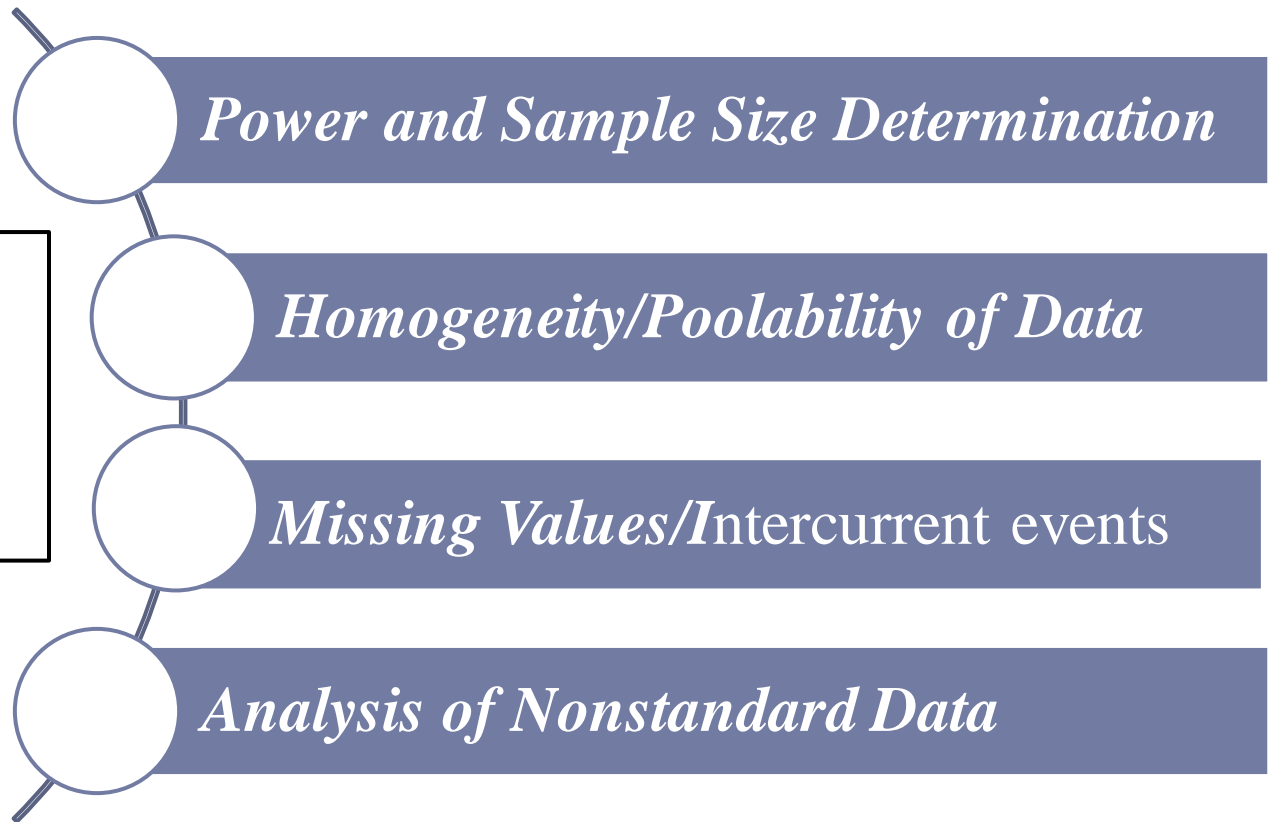
where  $\rho$ , reliability of a single daily measurement;  $m$ , number of daily measurements averaged

- **ICC for agreement** between remote vs. traditional trials
  - Lower bound of 95% C.I. > 0.7 indicate comparability (Byrom et al. 2019).
- **Cohen's kappa coefficient ( $\kappa$ )**, agreement for categorical outcomes (McHugh 2021).
  - $\kappa \leq 0$  indicate no agreement, 0.61–0.80 and 0.81–1.00, are taken as substantial and almost perfect agreement, respectively.

# Other Statistical Challenges and Opportunities in DCTs

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Generally, statistical issues similar in DCTs and traditional RCTs



Certain aspects of DTs that may require special attention

# Other Statistical Challenges & Opportunities (cont.)

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## *Sample Size Determination*

- Estimates of variability
  - Impact of technology use on variability of outcome measures
  - Inter-rater variability vs. variability induced by technology
- Effect Size
  - Effect sizes based on traditional vs. digitally-generated outcome measures
  - Use of historical data to inform effect size determination



# Other Statistical Challenges & Opportunities (cont.)

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## *Homogeneity/Poolability of Data*

- Consideration for heterogeneity in data collection
- Use of model-based methods: Bayesian hierarchical model with robust pooling, incorporating change in practice over time
- Power and *post hoc* analyses implications (Eremenco et al. 2014).

# Other Statistical Challenges & Opportunities (cont.)

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## *Estimands in Virtual Trials*

- **Intercurrent events (ICEs)** associated with technology use: Implications for future clinical practice
  - Treatment policy: ICEs irrelevant?
  - Composite strategies: ICEs part of definition of outcome variable?
  - While-on-treatment strategy: Loss to follow-up vs. missing data due to device malfunction?
  - Hypothetical strategy: Treatment effect if ICEs did not occur?
- **Definition of outcomes:** Nonstandard mode and frequency of measurements, e.g., wearables, sensors, etc.

# Example: Analysis of Wearable Device Data

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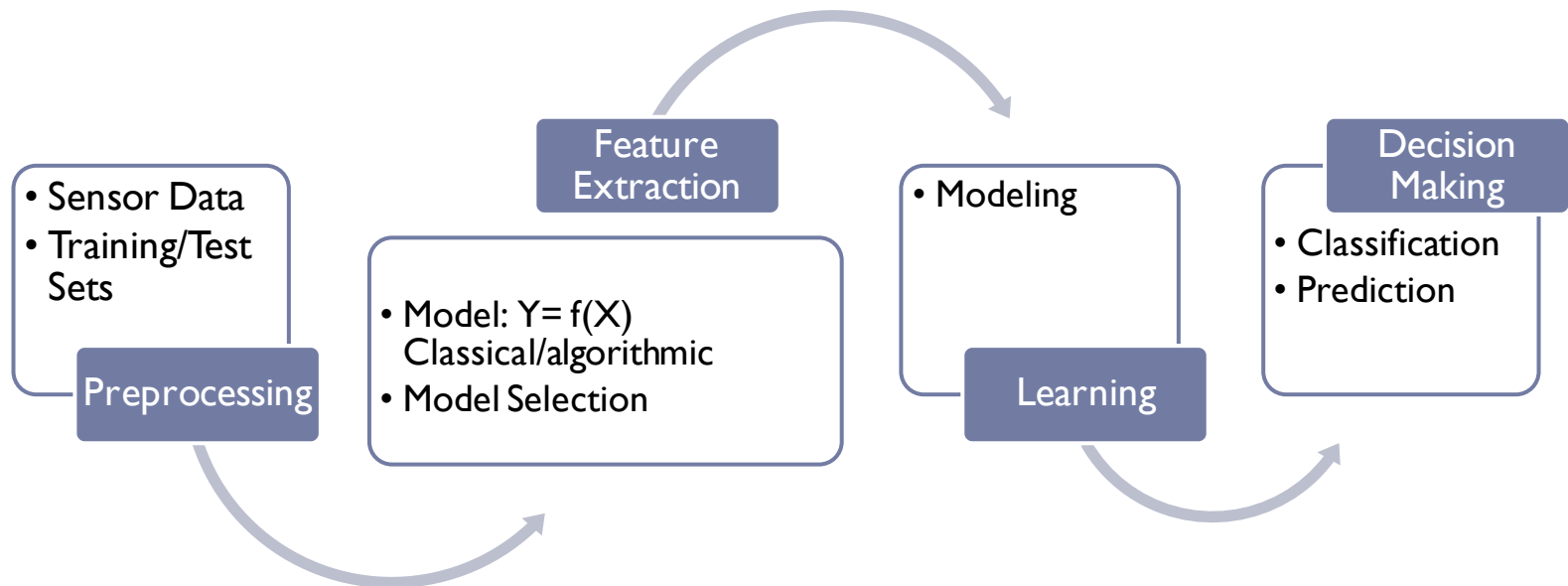


Activity patterns over time

# Other Statistical Challenges & Opportunities (cont.)

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## *Analyzing high-dimensional, non-standard data*



# Other Statistical Challenges & Opportunities (Cont.)

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## A simple model:

Time varying effect of covariates  $X(t)$  and  $Z(t)$  on

$Y_{ij}(t)$  = Measurement for subject  $i$ , on day  $j$ , at time  $t$

$$Y_{ij}(t) = X_i \beta(t) + Z_i(t) \gamma(t) + e_{ij}(t)$$

Approaches:

- Penalized splines to fit  $\beta(t)$ ,  $\gamma(t)$
- Need to account for functional correlation within subjects
- Inference: Bootstrap

## Other Statistical Challenges & Opportunities (Cont.)

General framework: Penalized likelihood estimation:  $L(\eta) + \lambda J(\eta)$ ,

$L(\eta)$ , -log likelihood;

$J(\eta)$ , quadratic "roughness" functional

Minimization in space  $H = \{ f: J(f) < \infty \}$

Typically,  $H$  Reproducing Kernel Hilbert Space

- Framework for many ML models, including SVM, LASSO, etc.
- A special case: **Smoothing Spline ANOVA (SSANOVA):**

Example: Cubic smoothing splines:

$$\frac{1}{n} \sum_{k=1}^n (Y_k - \eta(x_k))^2 + \lambda \int_0^1 (\eta''(x))^2 dx, \text{ where}$$

$$\{f: \int_0^1 (f''(x))^2 dx < \infty \}$$

Inference relating to SSANOVA: Bayesian confidence/credible intervals

# Statistical Challenges & Opportunities (Cont.)

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- Other commonly used techniques for **wearable device** data:

Examples from the literature

- **SVM, kNN, CART**: Detect various activities (Guiry et al. 2014)
- **Random forests, decision Trees, SVM and Naive Bayes**: Muscle movements (Mortazavi et al. 2014)
- **Hidden Markov Models**: Categorize epochs into sleep/wake states (Li 2019; detect arm posture Shen et al. 2016 )

# Statistical Challenges & Opportunities (Cont.)

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## Inference Involving ML Techniques

- Primary objectives of ML models
  - Prediction, classification, dimensionality reduction, etc.
  - Most applications not concerned with classical inference: Estimation, testing, confidence interval construction
- Recent developments relating to inference with ML
  - Causal inference in observational studies (Wager [2021](#); Ratkovic [2019](#))
  - High dimensional covariate adjustment in RCTs to improve efficiency (Wager et al. [2016](#))
  - Confidence intervals and related inference with random forest (Mentch and Hooker [2016](#); Wager et al. [2014](#))
- Enhancing validity of inference involving high dimensional data
  - Post-selection inference (Tibshirani et al. [2014](#))
  - Targeted learning (van der Laan, [2011](#))
  - Consider testing as a classification problem (Zhan and Kang, [2019](#))



# Privacy and Confidentiality: Statistical Considerations

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## *Privacy and confidentiality*

- Online recruitment may not reliably protect patient against harm
  - Use of sensitive personal information, unintentionally revealed by Internet users
- Measures by data aggregators to protect privacy may be inadequate

## *Recent trends:*

- Incorporate privacy constraints in a decision theoretic setting
- Optimality results assessed under local differential privacy: Modelling with privacy data remaining private from statistician or learner

[Duchi, Jordan, Martin and Wainwright, 2013. \[1302.3203\] Local Privacy, Data Processing Inequalities, and Statistical Minimax Rates \(arxiv.](#)

# Data and System Integrity & Other Ethical Issues

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- Implementation of a robust security system
  - Ensure authorized use, identification of authors of records, and availability of audit trails
  - Authentication of patient identity: AI for biometric authentication
- Best practices to minimize unintentional data corruption during transmission or intentional modification by malicious users.
- Ensure equitable selection of subjects”
  - VTs may exclude those who do not use Internet or own computer/smartphone
  - Bias against the poor, old, or those who live in rural areas.

# DCTs in Pandemic Settings

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- Pandemic disruptions of traditional trials
  - Quarantines, site closures, travel limitations, interruptions to drug supply
  - Covid-19 infections of patients and/or site personnel
- Impacts
  - Informed consent, study visits and procedures, data collection, study monitoring, AE reporting, and changes in site operations
  - Several clinical trials closed at height of pandemic (Bernstein Research, 2020)
- Mitigating measures
  - Changes in protocol and other operational processes
  - Leverage technology for outcome assessment:
  - Assess analytical approaches: Estimand definitions, combinability of data, etc. (Meyer et al 2020)

# Concluding Remarks

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- Major issues with current paradigm for drug development
- DCTs can enhance drug development
  - Enhance operational efficiency: Patient recruitment, data capture and processing
- DCTs offer considerable statistical opportunities
  - Facilitate implementation of complex and innovative designs
  - Use of modern analytics to analyze high dimensional data
- Success factors
  - Effective use of technology, and modern analytics
  - Best practices for data and system integrity; and protection of patient privacy and confidentiality
  - Availability of transparent regulatory framework for technology use.

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